

## Scrutiny Topic Registration

<b>Name of person proposing topic:</b>	<b>Date:</b>
Cllr Viv Kind and Cllr Alan Jones	28/06/04
<b>Contact:</b>	
Viv 426909 Alan 635963 or Nesta ext.1939	
<b>Suggested title of topic:</b>	
Children's Health – Role of Leisure, Education and Partnerships with others	
<b>What is the issue that scrutiny needs to address?</b>	
How can we promote the good health fitness of children in York, both through council services, such as leisure and schools, and through partnership working, in order to counter any health inequalities York's children might experience and to maximise opportunities for positive health outcomes?	
<b>What do you feel could be achieved by a scrutiny review?</b>	
<p>1. Establish key markers of the health and fitness of the child population. These might include indicators of health and fitness status, knowledge of its importance amongst children and parents, and its teaching, health-promoting activities including cycling/ walking to school and other activities, gym and sports (and swimming), diet (including school meals), substance misuse, alcohol and tobacco consumption.</p> <p>2. Compare, where possible, with regional and national figures.</p> <p>3. Identify significant differences and determine further information to account for these.</p> <p>4. Recommend remedial action where required, to promote active and healthy lifestyles and reduce health problems in the future.</p>	

### Urgency

<b>Is the topic urgent?</b>	N
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**If so, please consider which of the following might apply:**

<b>Is there a strict time constraint?</b>	
<b>Is there currently high media coverage?</b>	
<b>Is there high public pressure to respond?</b>	
<b>Does it involve a high risk to the council?</b>	

<b>Any other reasons:</b>

## Issues

Please consider whether the following might apply:

<b>Is the topic important to the people of York?</b>	Y
<b>Does the topic involve a poorly performing service or high public dissatisfaction with a service?</b>	
<b>Is it related to the City of York Council's corporate objectives?</b>	Y
<b>Has there been media interest in the topic?</b>	Y
<b>Can scrutiny help in the development of council policy?</b>	Y
<b>Any other issues or details:</b>	
<p>This is topic of great interest in the media currently, and the Government is seeking to emphasise the importance of public health and lifestyle changes as the key way to improve the nations health and fitness and pre-empt the need for health care intervention.</p> <p>There are particular current concerns about obesity and a potential obesity time bomb – which the topic could look into. It is important to address these problems in children and young people, as we could be dealing with the repercussions for decades.</p> <p>In addition, evidence from the United States suggest that obesity and being overweight is linked to inequality – with the poorer tending to suffer more from such problems – so we need to look at broad and inclusive ways to tackle the problem.</p>	

Please return completed forms to: Rachel Rushforth, Scrutiny Manager, City of York Council,  
The Guildhall, York, YO1 9QN,  
E-mail: [rachel.rushforth@york.gov.uk](mailto:rachel.rushforth@york.gov.uk) Telephone: (01904) 551034

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